We consider the inverse problem of in-line holography, applied to minimally-destructive imaging of cold atom clouds. Absorption imaging near resonance provides a simple, but destructive measurement of atom column density. Imaging off resonance greatly reduces heating, and sequential images may be taken. Under the conditions required for off-resonant imaging, the generally-intractable inverse problem may be linearized. A minimally-destructive, quantitative and high-resolution image of the atom cloud column density is then retrieved from a single diffraction pattern.

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The simplest optical measurement of object structure is made by illuminating the object with radiation and recording the diffraction pattern produced (Fig. 1). The inverse problem of retrieving the structure of a non-crystalline object from its Fresnel diffraction pattern has been studied since Gabor’s first incomplete solution, known as in-line holography [1]. This Communication solves the particular inverse problem of retrieving the structure of a cold atom cloud from a single diffraction pattern.

Minimally-destructive imaging of cold atoms requires weak absorption. High-resolution imaging also places constraints on phase shifts. Under these assumptions, we derive a linear solution which retrieves the column density of the atom cloud from a single diffraction pattern.

Gabor’s in-line holography recovers an approximation of the original wavefield by illuminating a photographic transparency of the diffraction pattern. The reconstructed wavefield is contaminated by the superimposition of an out-of-focus twin image [2]. Other forms of holography use a reference beam to record an interference pattern, rather than a diffraction pattern, and so separate the twin image [3]. In this Communication we demonstrate a non-holographic method of retrieval. Such methods have been proposed when it is inconvenient or impossible to generate a coherent reference beam. The first step is common with Gabor’s method: a diffraction pattern is recorded without the need for optics such as lenses and beamsplitters. In the second step, rather than reconstructing the wavefield by optical propagation (physical or numerical), an image is extracted by solving an inverse problem with specified constraints.

There is insufficient information in a single intensity image to retrieve both the amplitude and the phase of the wavefield. This information deficit may be balanced, and the inverse problem solved, if the object is assumed to be purely absorbing [4] or purely phase-shifting [5], but these assumptions are seldom valid in practice.

Instead, we present a single-image solution based on the assumption of a monomorphous object (one made of a single material), so that both the phase-shift \( \phi \) and the absorption \( \mu \) of the object are proportional to the column density of material along the optical path \( \rho(x) = \int_{-\infty}^{x} N(r) \, dz \):

\[
\mu(x) = k/\beta \rho(x) \quad \text{and} \quad \phi(x) = k/\delta \rho(x).
\]  

The variable \( x \) represents coordinates in a plane transverse to the incident wave propagating along the \( z \)-axis and \( k = 2\pi/\lambda \) is the wavenumber for illuminating radiation of wavelength \( \lambda \). The absorption and phase coefficients \( \beta \) and \( \delta \) correspond to a refractive index of the form

\[
n = 1 + N(r)(\delta + i/\beta),
\]  

with \( N(r) \) the atom number density. This monomorphous object assumption has been used in compensating defocus and spherical aberration in electron micrographs [6] and transport-of-intensity imaging [7].

Immediately after an optically thin object (Fig. 1(a)), an incident scalar plane-wave of amplitude \( f_0 \) becomes \( f(x) = f_0 \exp\left(-\mu(x) + i\phi(x)\right) \), and this wavefield may be

![FIG. 1: Recording a diffraction pattern. Vertical lines represent intensity profiles. In part (b), point-source illumination magnifies the diffraction pattern.](image-url)
propagated through a distance $z$ by the Fresnel transform
\[ f(x, z) = \frac{\exp(ikz)}{i\lambda z} \int_{-\infty}^{+\infty} f(x') \exp \left( \frac{i\pi}{\lambda z} |x - x'|^2 \right) \, dx'. \] (3)

The Fresnel approximation agrees closely with the complete scalar diffraction theory, except for propagation at large angles to the axis or within a few wavelengths of the object. Optical detectors measure intensity $I = |f|^2$ and it can be shown [10] that the Fourier transform $\mathcal{F}$ of the diffracted intensity measured at $z$ can be expressed in terms of the object-plane wavefield $f(x)$ as
\[ \mathcal{F}[I(x, z)] = \int_{-\infty}^{+\infty} f^*(x + \lambda z u/2) f(x - \lambda z u/2) \times \exp(-2\pi i x \cdot u) \, dx. \] (4)

in which $u$ is the spatial frequency conjugate to $x$. Written in terms of absorption and phase-shifts, this is
\[ \mathcal{F}[I(x, z)] = I_0 \int_{-\infty}^{+\infty} \exp(-\mu(x + \lambda z u/2) - \mu(x - \lambda z u/2) + i[\phi(x + \lambda z u/2) - \phi(x - \lambda z u/2)]) \times \exp(-2\pi i x \cdot u) \, dx. \] (5)

Assuming both real and imaginary parts of the exponential are small, we expand and apply the Fourier shift theorem to yield:
\[ \mathcal{F}[I(x, z)] = I_0 \left[ \delta(u) - 2\cos(\pi \lambda z u^2) \mathcal{F}[\mu(x)] + 2\sin(\pi \lambda z u^2) \mathcal{F}[\phi(x)] \right]. \] (6)

This expression [8, 9] relates absorption and phase-shift to the intensity of the diffraction pattern. The linearizing assumption used in obtaining Eq. (6) implies:
\[ 2\mu(x) \ll 1 \] (7)
and
\[ |\phi(x + \lambda z u/2) - \phi(x - \lambda z u/2)| \ll 1. \] (8)

The object must not be strongly absorbing, but it need not be completely transparent. The phase-shift should obey the finite difference condition Eq. (8), which restricts large variations in the phase-shift to coarse structures in the object. Note that weak phase-shift ($|\phi(x)| \ll 1$) is sufficient to satisfy Eq. (8) but is not necessary [9]. This phase condition may always be met at small $z$, but phase objects of many radians thickness may require impractically small propagation distances, and phase shifts of order 1 radian are preferable.

For monomorphous objects obeying Eq. (2), there is then a linear shift-invariant relation between the normalized contrast $I/I_0 - 1$ and the column density $\rho$:
\[ \mathcal{F} \left[ \frac{I - I_0}{I_0} \right] = 2k \left( \delta \sin(\pi \lambda z u^2) - \beta \cos(\pi \lambda z u^2) \right) \mathcal{F}[\rho(x)]. \] (9)

The factor $\tilde{h}(u; z) = \delta \sin(\pi \lambda z u^2) - \beta \cos(\pi \lambda z u^2)$ is termed the contrast transfer function (CTF), and is plotted in Fig. 2 for positive and negative values of the phase coefficient $\delta$. Equation 9 can be solved formally for $\rho$, but the zeros in the CTF render the retrieval an ill-posed inverse problem.

The inverse problem may be regularized, for example by the Tikhonov method [11]. Rather than dividing $\mathcal{F}[I/I_0 - 1]$ by $\tilde{h}(u; z)$, the Tikhonov filter retrieves the column density by the modified division
\[ \rho(x) = \frac{1}{2k} \mathcal{F}^{-1} \left[ \frac{\tilde{h}(u; z)}{[\tilde{h}(u; z)]^2 + \alpha^2} \mathcal{F} \left[ \frac{I - I_0}{I_0} \right] \right] \] (10)

which closely approximates division by the CTF except at spatial frequencies where the CTF is near zero. Larger values of the Tikhonov parameter $\alpha$ reduce the amplification of noise in the retrieval process, but at the expense of image distortions. Smaller values yield less distorted but noisier retrievals; a manually-optimised value of $\alpha = 0.2$ was used. Algorithmic optimization of $\alpha$ is possible, for example using Fourier-wavelet regularized deconvolution [12].

It is clear from Fig. 2 that the solution is more stable if the object advances the phase of the incident wave ($\delta > 0$), and the CTF zero-crossing at low spatial frequencies is avoided. The column density may be retrieved for phase-retarding objects ($\delta < 0$) but, as shown in Fig. 2, the focusing action of the phase-shift cancels the absorption contrast at low spatial frequencies and lower quality retrievals result.

If the diffraction pattern is re-imaged by a lens, the system may be defocused behind the object so that the effective propagation distance $z$ is negative. It follows from Eq. (9) that the sign-condition on $\delta$ is then reversed. For lensless imaging, negative $z$ cannot be achieved and the object should be phase-advancing.

Magnified images can be retrieved even without lenses. Rather than using plane-wave illumination, a point-source of light a distance $R_1$ before the object produces a spherical wave incident on the object (Fig. 1(b)). The diffraction at detector distance $R_2$ is magnified by the
geometric factor $M = (R_1 + R_2)/R_1$, but is otherwise identical to the plane-wave pattern of Fig. 1(a) at the effective propagation distance $z_{\text{eff}} = R_2/M$ [13].

Conventional optical materials are phase-retarding ($\delta > 0$) but for x-ray imaging [9], and for imaging atomic gases with light blue-detuned from an atomic resonance, the phase is advanced. We now show that our solution to the field [14] and Zernike phase-contrast [15] techniques of being made with near-resonant optical probes. On-resonance absorption imaging is destructive for most BEC configurations. Imaging with an o-resonant probe reduces heating due to spontaneous emission, with the cloud instead shifting the phase of the probe beam. Dark-field [14] and Zernike phase-contrast [15] techniques of phase microscopy have been used to render these phase-shifts visible and hence obtain sequential, minimally-destructive images of BEC. Other methods investigated for off-resonant imaging include an interferometric technique equivalent to off-axis image holography [16] and a propagation-contrast method based on transport-of-intensity [17]. Although minimally-destructive imaging has been crucial to observing many dynamic processes in BEC, destructive absorption imaging is still widely used.

As shown above, free space propagation produces phase contrast without optics. Gaussian fits to atom cloud images (peak column density and diameters only) have been extracted from fitting diffraction patterns [18]. Our solution to the inverse problem retrieves detailed column-density images of cold atom clouds, without requiring Zernike phase-plates or interferometry.

In the two-level approximation, the refractive index of an atomic gas is

$$n = 1 + N(\sigma_0 \lambda i - 2\Delta) \frac{1}{1 + 4\Delta^2}$$

where $N$ is the number density of atoms, $\Delta$ is the detuning in natural linewidths and $\sigma_0$ is the resonant cross-section ($3\lambda^2/2\pi$ for closed transitions). Comparison with Eq. (2) confirms that such an atomic cloud is a monomorphous object, with absorption and phase-shifts through the cloud given by Eq. (1). Provided that the atom cloud satisfies the weak-absorption condition Eq. (7) and limited-phase condition Eq. (8), the CTF relation Eq. (9) applies. Substituting the $\beta$ and $\delta$ coefficients from Eq. (11) yields the cold atom CTF

$$\tilde{h}(u; z) = -\frac{\sigma_0}{2k(1 + 4\Delta^2)} [2\Delta \sin(\pi \lambda u^2) - \cos(\pi \lambda u^2)],$$

which is then used in Eq. (10) to retrieve the column density of the atom cloud. If the detuning is blue of resonance, the atom cloud advances the phase of the incident light, and the low-frequency CTF zero is avoided.

An important feature of this application to cold atom imaging is the regularizing effect of residual absorption. At zero spatial frequency, the CTF falls to $\sim 1/2\Delta$ of its maximum value, but does not vanish completely as it would for a pure phase object. Even small residual absorption is sufficient to stabilize the retrieval and then the Tikhonov modified form Eq. (10) need only be used at higher spatial frequencies above $v_{\text{min}} = 1/\sqrt{2\Delta z}$. Such partial regularization greatly reduces distortion, and retrievals approach the optimal linear estimate (Wiener filter) which can only be calculated with full advance knowledge of the object power spectrum.

This linearization of the inverse problem is only valid if the atom cloud meets the absorption and phase conditions (7,8). Minimally-destructive imaging necessarily obeys the weak-absorption condition. The phase condition Eq. (8) also broadly concurs with physical constraints due to refraction and resolution. Light refracted by the object must remain within the numerical aperture of the lens (or detector) [14]. It follows that structures at the diffraction limit of the imaging system should have phase variations less than one radian. Objects satisfying this ‘thin object’ condition – that the detailed structure of the object must vary by less than a radian – are likely to also satisfy the slowly-varying phase condition Eq. (8).

Detuning the probe light by $\rho_{\max} \sigma_0/4$ full linewidths from resonance reduces the peak phase-shift to order one radian. BECs typically have resonant optical-densities $\rho_{\max} \sigma_0 \approx 300$ and so detunings must be of order 100$^{-1}$ to meet the refraction condition. At such detunings, many images may be taken before the cloud is appreciably heated. In the shot-noise limit, further increasing detuning and intensity does not improve the SNR beyond a limiting value, and in the presence of technical noise will reduce the SNR. It has been shown that this SNR limit is determined only by the number of spontaneous emission events and condensate parameters [19].

In proof-of-principle experiments, the point-projection configuration of Fig. 1(b) was used to image a cold atom cloud of peak resonant optical density 2.2. A weak linearly-polarized probe beam, detuned $+3.1\Gamma$ from the $^{87}\text{Rb} 4S_{1/2}(F = 3) \rightarrow 5P_{3/2}(F = 4)$ transition, diverged from the cleaved endface of a single-mode optical fiber, expanding for $R_1 = 125\text{ mm}$ before passing though a cloud of cold atoms around $300\mu\text{m}$ in diameter held in a magneto-optical trap (MOT) vacuum chamber. Trapping beams were turned off for the $300\mu\text{s}$ duration of the probe pulse. The beam propagated a further distance $R_2 = 155\text{ mm}$ to a CCD camera (Photometrics Cool-snap HQ, 1392×1040 pixels, 6.45$\mu\text{m}$ pitch), producing the diffraction pattern shown in Fig. 3. The column-density image was retrieved using Eq. (10); retrievals take around one second on a Pentium-III processor using standard discrete Fourier transform algorithms [21].

It is usually not possible to measure the propagation distances $R_1$ and $R_2$ accurately enough to produce an optimal retrieval. Instead, the retrieval is performed with the contrast transfer function $\tilde{h}(u; z)$ evaluated at vari-
short distances only residual absorption contrast will be
eliminated by defocusing an existing absorption imaging system,
so that the signal-to-noise ratio (SNR) of the retrieved image. At
large propagation distances and for small aberrations. Diffraction contrast may also be produced
very close to the object. The advantages of holographic
to image Bose-Einstein condensates.

While the precise setting and knowledge of the propagation distance is immaterial, its coarse setting affects the shape and contrast of the diffraction pattern and hence the signal-to-noise ratio (SNR) of the retrieved image. At short distances only residual absorption contrast will be rendered. At large propagation distances and for small phase-shifts, the root-mean-square SNR approaches 71% of that obtained with the Zernike technique [20].

A further advantage of the point-projection configuration is the absence of lenses, and their resolution-limiting aberrations. Diffraction contrast may also be produced by defocusing an existing absorption imaging system, which may be more convenient than placing the camera very close to the object. The advantages of holographic
depth-of-field and post-hoc focusing are retained.
In practice, the propagation distance is constrained by resolution limits. For a detector of diameter $D$, the minimum resolvable line spacing in the retrieved image is of order $2AR_2/D$, as it is for a lens of the same diameter in the same position. The $R_1$ distance should then be chosen to provide sufficient magnification that resolution is limited by diffraction and not by the pixel size. In our experiment, optical access limited the resolution to 30 $\mu$m. We can predict that a BEC in a glass cell imaged with $R_1 = 12$ mm and $R_2 = 60$ mm on a $D = 25$ mm CCD with 9 $\mu$m pixels yields a pixel resolution of 3 $\mu$m and a diffraction-limited resolution of 3.7 $\mu$m. Further, the CTF depends on $z$, $\lambda$, $\Delta$ and $u$. Once $z$ is set by ‘focusing’, the remaining quantities are readily measured to better than 1%. Such well-defined parameters and the lack of lens aberrations yield highly quantitative column density measurements.

We solve the inverse problem of retrieving a quantitative column density image from a single diffraction pattern by exploiting the proportionality between absorption and phase shift through a single-material object. The predicates of the solution are uniquely suited to imaging cold atom clouds. Lens aberrations are precluded by avoiding the need for image formation entirely. Beam-splitters, phase-plates and other optical elements are also unnecessary. The holographic record allows refocusing after the image has been acquired. The solution can be used with existing absorption imaging systems simply by defocusing the imaging lens. We calculate near-wavelength resolution when using point-projection to image Bose-Einstein condensates.

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